

Climbing & Abseiling / Monkey Hold & Crate Stack Belaying

Hazards arising from activity	Control measure(s) in place to reduce risk from each hazard during activity	Arrangements to ensure the control measure(s) are effective
<p>Slips / falls while rigging at venue for activity</p> <p>Injury due to faulty equipment</p> <p>Injury due to ill-fitting equipment.</p> <p>Danger from falling objects and contact with the crag.</p> <p>Injury due to falling or being dropped.*</p> <p>Fall from top of abseil</p>	<p>Ensure staff are protected when in exposed position. Helmets worn when at venue.</p> <p>Equipment to be CE approved and in date. Instructor to carry out visual check.</p> <p>Correct fitting before commencement of activity</p> <p>Ensure suitable venue is chosen and ropes are rigged to ensure good route. Participants wear CE approved helmet at all times</p> <p>Appropriate instruction and client supervision</p> <p>Students to be attached to safety rope when approaching the top of</p>	<p style="text-align: center;">↑</p> <p>Qualified staff (SPA/ Rock Climbing Instructor) and when assisted by other staff they will be In House Assessed minimum.</p> <p>Quarterly check of condition, retire unsafe equipment (Safety Officer).</p> <p>Qualified staff (SPA/ Rock Climbing Instructor) and or in house assessed</p> <p style="text-align: center;">↓</p>

<p>Injury due to incorrect abseil technique, including friction rope burns and hair/other items caught in abseil device.</p>	<p>the abseil. Appropriate control of group at top</p> <p>Students encouraged to perform controlled descents.</p> <p>Appropriate briefing re-correct abseil technique. Appropriate briefing re-clothing and tying long hair back. Use of releasable system.</p>	
<p>Injury whilst bouldering. *</p>	<p>Appropriate briefing. Warm up prior to bouldering. Boulder in pairs with one person spotting. First aid kit carried by Instructor.</p>	
<p>Injury caused by incorrect climbing technique.</p>	<p>Appropriate briefing in movement skills, warm up prior to beginning climbing</p>	

***Note on Monkey Hold Climbing System:**

- Monkey Holds Tree Climbing System is considered bottom roping as per climbing risks and equipment
- Bouldering using Monkey Holds is limited to 1.5m max with appropriate spotting as per assessment above
- Suitable anchors to building structure or trees needed as per climbing risks