

Remote Supervision – Water Risk Assessment

Hazards arising from activity	Control measure(s) in place to reduce risk from each hazard during activity	Arrangements to ensure the control measure(s) are effective
<p>Injury including hypothermia, Sun Stroke and Drowning.</p>	<p>Suitable choice of venue & route giving attention to water levels & weather forecast.</p> <p>Appropriate footwear + equipment (inc. Helmets, Buoyancy Aids).</p> <p>First Aid kit and Mobile Phone (VHF if applicable) to be carried by each group of participants.</p> <p>Group size to be no less than 4 participants.</p> <p>All participants will have attended an OceanRock Water Sports Training Day which includes bank based and water-based demos prior to departing as a Remotely Supervised Group.</p> <p>Participants have signed Medical/Consent to acknowledge they can swim a distance of 25m lightly clothed.</p> <p>Participants to be trained in appropriate rescue techniques relating to craft and waterbody (Sea, Canal, River, Lake).</p> <p>Appropriate clothing for conditions is worn.</p> <p>Emergency shelter / tent and spare clothing carried by the group where conditions and route dictate, Basic Incident Management training given to participants prior to activity.</p> <p>Routes to be reviewed prior to departure with reference to weather & water conditions on the day.</p> <p>The safety of the individuals is paramount, and ambitious routes should be adjusted to reflect conditions and abilities.</p> <p>Key route difficulties are identified, and appropriate rescue cover and/or portage is in</p>	<p>Supervision by experienced and qualified (UKCC L1 – L3 coach, Moderate – Advanced Water leader, where applicable or an instructor who has been in-house assessed by a suitably qualified person to be competent to lead and manage groups in the water conditions.)</p> <p>Review emergency procedures to safeguard participants annually or as necessary. (Particularly with regard to changes in navigation and/or conditions on water)</p>

	place for the group's arrival or e.g. rapids, route blockage, weirs.	
Dehydration.	Each member of the group to carry a water bottle (2L min). Water stations to be set up if conditions dictate.	
Getting Lost / Late arrival / Overshot Campsite	Effective remote supervision through agreed system of Dead Letter tracking on route or supervisor visual tracking. Participants to be suitably trained for activity. Each group carries 2 maps and compass. Emergency contact number if group is unable to relocate / needs assistance. Ensure effective communication is maintained through staff checkpoints / mobile phone or VHF contact. Participants are made aware of key points on their route including 'get outs' and camp.	
Unwanted attention from public	Groups briefed in being polite but if they feel unsafe to call the instructing team/walk to closest checkpoint.	Annual safeguarding training & updates for OceanRock instructing team.
Participant becoming ill/injured during remotely supervised event.	Teams are briefed on Incident Management prior to departing on events. Dispatch Instructors to highlight locations of staffed checkpoints on route. When instructors are not present at camp, participants have Lead Instructor contact number and location.	

Please use in conjunction with (but not limited to):

- **WaterSports Operating Procedures**
- **WaterSports- Risk Assessment**